

OH HOLY VACATION!



"Six days do your work, but on the seventh day do not work, so that your ox and your donkey may rest and the slave born in your household, and the alien as well, may be refreshed.

--Exodus 23:12

I remember when I used to feel guilty if I took time off for vacation, especially during those early years, planting a church, or shepherding a congregation. There was always so much work to do! Our society seems to place such a high value on "busy-ness." Throughout Scripture the Sabbath principle reminds us that it is nothing less than God's instruction to take time on a regular basis to rest and be renewed and re-energized in order to serve God, and others more effectively. It happens to us too. We spend so much time helping others with their marriages that, we too, need time just to enjoy each other, to rest in one another's arms without having to think of the things that need to be done, or the people who need to be called, or the bills that need to be paid.

Make a "holiday" (Which derives from the words "holy day") a priority for your marriage. Be sure to schedule time to go to the beach or a quiet lake for an entire week if you can. Be renewed in every way so you can better serve God in the way you love and treat each other, and those who look to you to see what love is supposed to look like.

Question for the both of us: Do we really take enough time on a regular basis to enjoy one another, and be renewed and refreshed so that we can serve God and others more effectively?

Prayer for both of us: Lord, help us to make the time we need to enjoy this gift of marriage. Help us to have a "holy-day" worth singing about.

This Marriage Minute is brought to you by Marriage and Family Savers Ministries. Visit them at www.marriageandfamily.org

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