

## A Marriage Minute™

*A simple help to make your marriage just a little better this week.*

### WARMTH IN COLD, ICY WINTERS



*A fool shows his annoyance at once, but a prudent man overlooks an insult.*

—Proverbs 12:16

There is no better relief for these cold icy days of winter than a warm loving hug to meet you at the door when you come home. Yet too many couples have allowed stress, their environment, and their past experiences to harden their hearts to one another. We get “annoyed” by our spouse - that one person that God put in our lives to be treated with loving-kindness above all others. You see, the natural man has a heart that is soft to criticism and insult and hardened to the needs of others, while the spiritual man has a heart that is just the opposite: soft to the needs of others and hardened to criticism and insult. Then again, isn’t that the way of His Kingdom?

Perhaps we can’t change the cold icy weather outside our homes, but we do have control over the climate inside our homes. Let’s be intentional about the way we respond to each other with the warmth of the love of God that is supposed to be residing in our hearts. Choose to respond with kindness instead of reacting with annoyance.

Even in the cold of Winter we can make our homes a place of warmth and comfort –a place you want to “come home to.” God’s got the power, but we must make the choice. Let’s do it.

**Question for The Both of Us:** Do you think I react to you with annoyance, anger or a negative attitude? Example?

**Prayer For The Both of Us:** Lord help us to make our home a place of warmth even in the dead of winter.

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*This Couples Devotional is brought to you by Marriage & Family Savers Ministries. Visit them at [www.marriageandfamily.org](http://www.marriageandfamily.org)*

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