

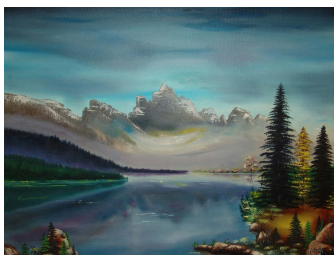
A Marriage Minute

A simple help to make your marriage just a little better this week.

THE PLACE OF PEACE

“You will keep in perfect peace all who trust in you, whose thoughts are fixed on you.”

-Isaiah 26 :3



Throughout our day-to-day lives, we often run into circumstances that one of us wants to change, but the other one is just not that willing to change, at least, not right now. In our humanity we want things to work as we plan, or at the very least, meet our minimum expectations for

the situation. When was the last time you had your mind set to go out and buy something, and your spouse just wasn't ready? Do you find yourself frustrated and tired of waiting on your mate? Some of us are of the mindset "I want it done yesterday," or "I want to do this now, my way." Have you ever tried to invite God into such a situation? Can you see yourself asking Him to take control instead of yourself?

The next time you find yourself thinking like this, pull on the reigns of your mind. Tell yourself, out loud if you must, "WHOA!" Then command your mind to turn your thoughts over to the Lord. Release all expectations and just thank Him for the outcome. When I am able to do this, peace comes over me, and sometimes my spouse even sets aside his agenda to put me above his plans. When that happens it's really special because I know it's coming from his heart, not because he's just trying to keep me quiet. But it does take trust. It takes keeping my mind fixed on Him.

Prayer for both of us: Dear Lord, please help us to mutually agree to seek you in all things and to love each other in spite of unmet expectations. Keep us in your perfect peace as our minds stay fixed on you.

*This MARRIAGE MINUTE© is brought to you by Marriage & Family Savers Institute.
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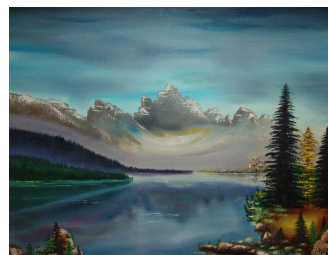
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