

A Marriage Minute

A simple help to make your marriage just a little better this week.



“REPENTOLUTIONS” FOR THE NEW YEAR!

*I have not come to call the righteous, but sinners to **repentance**.*” - Luke 5:32

Why not try something different this New Year. Instead of making resolutions that you know you probably won't keep for more than a week, why not try making “*repentolutions?*” That's right. Spend some time with the Lord with pen and paper, and ask Him about the things He would like you to change to better reflect His nature and His character in your sphere of influence. Then write them all down as they come. Don't spend time trying to analyze them; just write them down as they come to your mind.

Then afterward, you can put them in some kind of order: the more do-able first, then on down the line. If you're really daring you can ask your spouse what he or she sees that needs repentance. Your spouse knows you better than anyone else, and God will probably speak through your spouse more than anyone else. (Why else do you think that's the person you may have the most problem with!)

Then put that list in your wallet or purse on start working on it. Then next year you can test yourself and see how far you've come. That's what Christian growth and spiritual formation is all about. So this New Year, instead of resolutions let's make some “*repentolutions.*” *Happy New Year!*

Prayer for the New Year: Lord, help us both to see the changes you'd like to make in us, and help us to be partners in change as we both strain forward to reflect your nature in our marriage and lives. Empower us follow through on our “*repentolutions.*”

This MARRIAGE MINUTE is brought to you by Marriage & Family Savers Institute. Visit them at www.marriageandfamily.org.

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