

## A Marriage Minute™

A simple help to make your marriage just a little better this week.

***"Love is patient..., it is not self-seeking, ..."***

--1 Corinthians 13:5



It seems like ever since the 1960's, Americans have been on some quest to find themselves. Over fifty years later the fruit of our labors is evident: People are more lost, more confused, more clueless than ever. This hip idea was obviously a loser. Secular therapists who haven't found themselves yet, are helping more people get more lost every day.

Jesus gave us the answer two thousand years ago, (but of course, we're too sophisticated to believe a carpenter's son who has no letters after his name.) Basically, He said, "If you really want to find yourself, lose yourself, then you'll find yourself." (My paraphrase) Give yourself to serving others, and your own needs and desires will be met. Give yourself to serving your spouses' needs. Be a blessing, not a source of tension. Forget about yourself, your wants, your needs or even your rights. The only thing we have a right to is an eternity in hell for our sin, *"where the fire is not quenched and the worm does not die!"* Thank God He doesn't treat us according to our rights. But instead, Jesus saw our need. He didn't seek His own will. He was fully human, and as such, really didn't want to go the cross, but he concluded, "...nevertheless, not my will be done but thine" and He went. Then God raised Him from the dead and gave Him total victory. That's the way it works. Forget about yourself. Give yourself for others, and then God will give you the victory that you've been fighting so hard to get on your own. Love is being a God-seeker, not a self-seeker. Live to serve God, your spouse and your family, and you will have it all -promise!

**Question for Dialogue** – Do you think I am self-seeking? Can you think of some examples?

**Prayer for the Both of Us:** Lord, help us to be surrendered to Jesus, denying ourselves and our selfish desires for a greater cause. Help us to be God-seekers, not self-seekers.

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This Couples Devotional is brought to you by Marriage & Family Savers Institute  
. Visit them at [www.marriageandfamily.org](http://www.marriageandfamily.org)

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