A Marriage Minute™

A simple help to make your marriage just a little better this week.



Love Does Not Boast!

"...Love is kind...it does not boast..."
-1 Corinthians 13:4

Nothing turns me off more than someone blowing their own horn trying to convince the world that they are so great and wonderful. Most of us can recognize that behavior in

social settings pretty easily, but in marriage, boasting takes a more subtle nature, but it's just as repulsive. Real love doesn't look to promote itself, because it's too busy looking to promote others. The two are mutually exclusive. You can't build up others while you're building up yourself. Leave that up to God. He can do a much better job than you can. He wants to build you up to others, but you have to let him do it by getting out of the way. Get out of self-promotion, or even self-defending, and get into promoting your spouse, defending your spouse. Be the president of your spouses' fan club, the captain of their cheerleading team. Choose to walk in humility, a choice that says I will not defend myself, promote myself, or try to lift myself above any other. I will leave that up to God. Instead, I will give my life to promoting others, to building them up in any way I can. Nobody loves a braggart, or one who is promoting or defending themselves. Leave that up to God, and choose to be one who will give your life to bragging on others, promoting others, defending others, the first of which will be your spouse, and believe me, God will take care of bragging on you.

<u>Question for dialogue:</u> "When do I feel that you tend to brag or boast about yourself in ways that cause me to feel negatively toward you?"

<u>Prayer for both of us:</u> "Lord, help us to focus on lifting up each other instead of promoting, bragging, or even defending ourselves. Help us to be each other's number one cheerleader, and to trust you for our own promotion."

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Ministries. Visit them at www.marriageandfamily.org

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