

## *Marriage Minute*

Just a little help to make your marriage better than ever!



"For in Christ Jesus neither circumcision nor uncircumcision has any value. The only thing that counts is faith expressing itself through love."-Galatians 5:6

What I find interesting is the fact that the more I learn about our faith, the simpler the message becomes. It's summed up in Paul's teaching that the only thing that matters is a faith expressed in love. That's it! In other words, this entire earthly sojourn is about one thing: learning to love. In fact marriage is primary instrument God uses to teach us to love. That's why it's quite often the most difficult relationship one might have. You see, it's easy to put on the Christian face on Sunday in Church. You may have even learned to control your behavior in the work place, but the real you is demonstrated by the way you treat your spouse at home. Is it with selfless tender-hearted kindness, or is it with impatience, annoyance and a selfish agenda? Here is the test. Look at the way you treat your spouse, and measure your love by that gauge. For those who aren't married substitute your most difficult relationship. Have you learned to love? Are you learning to love? Forget about the "religious stuff." It all comes down to one thing: Are you learning to love? Remember, your faith—or lack thereof—is expressed in the way you love. How are you doing?

**Question for the Both of Us:** Have you seen me grow in love? How? Can you be more specific?

**Pray for the Both of Us:** Lord, please help us to grow in love with you first, then with one another, so that in the love we have demonstrated for each other, the world will see Jesus

*These Marriage Minutes are brought to you by Marriage and Family Savers Institute—Newburgh, NY—[www.marriageandfamily.org](http://www.marriageandfamily.org)*

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