

A Marriage Minute

A simple help to make your marriage just a little better this week.



MARRIAGE : A TEAM SPORT!

Run in such a way as to get the prize
-1 Corinthians 9:24b

We've been watching some of the Winter Olympics in Vancouver, and even there, we can see lessons that can be learned to help us with our marriages.

During one event, I couldn't help but notice how one athlete tried to comfort and encourage a teammate that had fallen on a ski slope knocking them out of the competition.

There was no criticism, or disparaging remarks, but only comfort, assurance and encouragement. I thought, "That's the team spirit we need to see demonstrated in marriages if we are to win the prize in the Olympics of marriage and family relationships."

How do you respond to your teammate –your spouse- when he or she falls or makes a mistake? Are you there to encourage and lift up, or do you criticize and put down? Think about it. *Would you like to have yourself for a teammate?* If necessary, repent! Be a team player so that you can bring home the gold. Run in such a way as to get the prize. You can do it –with God's help.

Question For The Both of Us: What kind of teammates would we be? How can we be more helpful to one another to win the gold?

Prayer For The Both Of Us: Lord, help us to be better teammates so that we can win the prize, and give our children something to cheer about, and a model they can look up to.

This Couples Devotional is brought to you by Marriage & Family Savers Ministries. Visit them at www.marriageandfamily.org

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